

GYM POWER Invitational 2025 Parent Information Letter

Capital City Gymnastics Centre is looking forward to hosting you May 9th-11th, 2025 at our Gym Power Invitational!

Event Venue

- ❖ Capital City Gymnastics Centre
- ❖ 4130 101 St NW, Edmonton, AB
- ❖ Parking – Free parking available in the parking lot and overflow street parking (the parking lot does fill up quite quickly so please ensure that you give yourself enough time to find parking!)

Doors Open:

- ❖ 4:00pm on Friday
- ❖ 7:30am on Saturday and Sunday

Admission

- ❖ **CASH Only (No ATM on site)**
- ❖ **Children 5 and under:** Free
- ❖ **Children (6-12):** \$5
- ❖ **Adults (13+):** \$10
- ❖ **Seniors (65+):** \$5

Athlete Check-in:

- ❖ Athletes will have a separate line to check in at the Admissions Table

Raffles:

- ❖ 50/50 Draw – Winner will be drawn after last session on Sunday May 11th, 2025
<https://www.rafflebox.ca/raffle/capitalcitygymnastics>
- ❖ Mother's Day Raffle – All mothers attending the competition on Sunday May 11th, 2025 will be able to enter their name to win a prize! Winners will be drawn at the end of each session on Mother's Day

Vendors:

- ❖ Variety of bodysuits will be available for purchase from the CCGC Proshop
- ❖ Gym Power T-shirts will be available for purchase (\$20 each)

Concession:

- ❖ Basic food items will be available for purchase (assorted beverages, candy bags, chips, fruit, etc.)

Sponsors for Gym Power Invitational:

- ❖ Mega Signs
- ❖ Photobooths Edmonton
- ❖ Carl's Junior
- ❖ Refined Interiors

We are looking forward to seeing everyone in a couple of weeks!

**Gym Power Invitational 2025
May 9th-11th, 2025
Final Schedule**

**Capital City Gymnastics Centre
4130 101 St NW
Edmonton, AB**

Friday May 9th, 2025

**Session #1: CCP 3/4/5 (All)
Warm-Up 5:15pm**

Saturday May 10th, 2025

**Session #2: Xcel Gold (All)
Warm-Up: 8:15am**

**Session #3: CCP 6/7/8 and
Xcel Platinum/Diamond/Sapphire
Warm-Up: 12:15pm**

**Session #4: Xcel Silver (All)
Warm-Up: 4:15pm**

Sunday May 11th, 2025

**Session #5: CCP 1/2
Warm-Up: 8:15am**

**Session #6: Xcel Bronze
(July 11th, 2011-June 11th, 2015)
Warm-Up: 11:00am**

**Session #7: Xcel Bronze
(June 24th, 2015-April 16th, 2018)
Warm-Up: 2:00pm**

**Please email Sam Ward at
samw@capcitygym.com if you have any
questions!**